



SPORT EDUCATION



A Pedagogical Model For Student-Centred Learning

WHAT IS IT?

Sport Education is a student-centred pedagogical model designed to simulate authentic sport experiences and promote positive outcomes (Siedentop et al., 2011). This pedagogical model encourages fair play, respect, accountability, and student ownership of learning (Kirk, 2013).

KEY FEATURES



Seasons: Extended units for 12–20 lessons (Sinelnikov, 2013).

Affiliation: Students stay in the same teams throughout the unit.

Formal Competition: Includes structured events or games.

Culminating Event: A festive event to conclude the unit.

Record Keeping: Teams track progress and achievements.

Festivity: Celebrations that foster excitement and belonging (Siedentop et al., 2011).



STUDENT ROLES

Students take on roles such as, but not limited to, referee, scorekeeper, or fitness instructor, all of which contribute to their team's success (Siedentop et al., 2011).

TEACHER ROLE

Provide clear role expectations and support students with ongoing feedback to help them perform effectively (Hastie, 1996).



LESSON ZERO

Lesson Zero (Dyson & Casey, 2016) is to introduce the Sport Education model and prepare students for their roles, responsibilities, and team dynamics.

Key Steps:

Overview of Sport Ed

Team Formation

Initial Skill Assessment

Co-Create Guidelines

Assign Initial Roles

Fun "Kick-Off" Activity



TIPS

- 1) Start with one class to gain confidence (Siedentop et al., 2011).
- 2) Use a familiar sport to simplify planning.
- 3) Begin with basic roles (referee, scorekeeper) before adding complexity.
- 4) Create a fair play system collaboratively.
- 5) Keep the point system simple and transparent.
- 6) Plan a festive culminating event where every student is recognized.



WHY SPORT ED?

- Promotes Active Engagement and Maximum Participation:** Students take on meaningful roles, ensuring engagement and inclusivity, fostering responsibility, and deepening their connection to the sport through multi-role involvement.
- Contributes to a Positive Learning Environment:** Cultivates a sense of community, respect, and mutual support among students.
- Develops Lifelong Skills and Dispositions:** Students build transferable skills and dispositions that can be applied throughout their lives.

